

Getting Started with Mentoring

Non-Credit Certificate Course

Discipline: Education

Course Co-coordinators:

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Host Institution: Titus II Teachers College, Thiruvalla

Course Details:-

Sl. No	Deliverables	Description	Remarks
1.	Course Title	Getting Started with Mentoring	A short term certificate course which helps the teachers to bridge the gap between what we know about mentoring and how it is practiced in schools.
2.	Subject	Education	Educational Counselling
3.	Medium of instruction	English	
4.	Applicant category	Teachers of Secondary/ Higher Secondary Schools, Pre-Service Teachers, Graduate Teacher Trainees.	
5.	Type of course	Non-Credit	
6.	Course objective	<ul style="list-style-type: none">• To familiarize the fundamental aspects of mentoring• To develop mentoring skills in teachers for building successful mentor-mentee relationship.• To instill positive attitude in teachers towards mentoring activities.	

7	Course description and Outline	<p>This course is focused on the progress of knowledge and skills associated to a mentor- mentee relationship. Using collaborative teaching and learning strategies, this course engages in the discussion of mentor traits and skills focused on mentee development through the use of reflective practices, experience sharing, extensive reading and learning discourse .</p> <p>This course speaks to teachers, trainers, educational and academic managers who aspire to comprehend and facilitate natural and valuable communication environments and relationships with their students, trainees, or inside the organization. This course will give power to the participants with situational and transformational leadership skills, enabling them to improve their communication style. During this course, participants will also familiarize the guidelines for establish a positive mentor – mentee relationship and a template for their first mentoring session and subsequent meetings.</p>	
8	Course content/Topics covered	<p>Module I: Introduction</p> <p>Module II: Key mentoring skills (confidentiality, responsibility, accountability, Active listening)</p> <p>Module III: Stages in formal mentoring.</p> <p>Module IV: Effective mentoring practices.</p> <p>Module V: Self reviewing</p>	<p>What is mentoring? Functions of Mentoring, Purpose of mentoring, Principles of mentoring</p> <p>Building Mentor-Mentee relationship</p>

		techniques/ Reflective practices	
9.	Pre -requisites and intended audience	<ul style="list-style-type: none"> • Graduate or Post Graduate in any discipline/Teachers by profession. • Anyone who has an interest and a basic understanding in guidance and counseling. • An interest to become a workplace coach and mentor. • Interest to develop self and others. 	
10	Course duration	12 weeks, 40 hours (e- Content, reading reference material, discussion forum posting and assignment)	
11	Learning outcomes	<p>After completing the course the learners will be able to</p> <ul style="list-style-type: none"> • Extend their knowledge into practice in a daily life professional situation. • Associate themselves with a mentoring community. • Design a mentoring program in their work environment. • Evaluate the current practices of mentoring in their institutions. • Suggest an alternative strategy for mentoring in the work place. 	
12	Assessment plan	Assignments, Quizzes, involvement discussion forum, Mini project	Assignment – 20% Quiz- 50% Project- 20% Discussion forum- 10%