


## THIRUVALLA | MUTHOOR | ETTUMANOOR

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## COLLEGE CREST

The college crest embodies the mission of the college. The cross which is central to the Christian faith takes the centre stage and unites the four symbols of our calling. The lighted torch signifies the illuminated personalities, the dove represents tranquility which is the outcome of sound knowledge, the open book enshrines transparency in all dealings, and the lotus implies transcendence. All these values are not static but dynamic to be transmitted to the successive generations.

## VISION <br> "LIGHTED TO LIGHTEN"

To enlighten minds.
To shed the light of truth and spread the power of knowledge.

## MISSION

Imparting education to develop wholesome personality among students with moral, civic and human rights consciousness.

Involvement and Interaction with community as agents of transformation
Promoting exploration in the realm of teacher education in the light of Christian understanding of the world and society.


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H.G. The Most Rev. Dr. Theodosius Mar Thoma Metropolitan Patron

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Apostolic See of St. Thomas
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## Message

It is with great gratitude that I extend my greetings to the readers of this college magazine. I am glad to learn that the Titus II Teachers College is publishing its college magazine, with the theme ' $D$ emocracy'. India, with its rich cultural heritage and diverse religious traditions, is often described as the world's largest democracy. Democracy, a system that upholds the principles of freedom, equality, and justice, is not only a political framework but also a way of life. It is an environment in which individuals can exercise their rights and contribute to the well-being of society. The Church, as an integral part of the social fabric, plays a vital role in nurturing the values that underpin a healthy democracy. The teachings of Jesus Christ, centered on love, compassion, and forgiveness, guide us to embrace the democratic principles of inclusivity, respect for human dignity, and the pursuit of the common good. In the context of India, where religious diversity is a cherished reality, our role becomes even more significant. Democracy today is being questioned because of the authoritarian style of governance from the system. In such a context we are called to engage in dialogue and collaboration with people of different ideologies, fostering understanding, harmony, and a shared vision for a better nation.

Education, particularly teacher education, holds the key to shaping the minds and hearts of future generations. As educators, you have the privilege and responsibility to impart knowledge, wisdom, and values that uphold the principles of democracy. By nurturing critical thinking, empathy, and a sense of justice in your students, you contribute to the development of responsible citizens who will actively participate in the democratic process and contribute to the well-being of our nation. The Church, through its educational institutions, has been instrumental in providing quality education and fostering character formation. As teachers, you are not only imparting knowledge but also shaping the moral compass of your students. Embrace this noble task with a deep sense of purpose, aware that you are planting seeds that will bear fruit for generations to come.

I extend my heartfelt appreciation to the teachers of this esteemed teachers college for your tireless efforts in shaping the future leaders of our nation. May God bless your work abundantly, and may the seeds you sow in the hearts of your students bear fruit that brings abqut a more democratic, just, and compassionate India.


Dr. Theodosius Mar Thoma Metropolitan


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TITUS II TEACHERS COLLEGE | TIRUVALLA

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Apostolic See of St. Thomas

## Dearly Beloved,

I congratulate the Titus II Teachers College in publishing the College Annual again this year. I am very happy to address you though these page as the Manager. I am very proud of your achievements and look forward with great expectation for the future developments of this prestigious institution.

You have chosen "Democracy" as the theme for this issue and I am sure, this exercise by an academic community is relevant and well appreciated. When the principles of democracy are challenged and thwarted, search for new avenues to celebrate democracy is a novel venture. Let us re-discover governance and re-apply the power of the people in a creative and challenging political climate.

## 1. Democracy is searching for power at the grassroot level

Education is taking new grounds to dive to the bottom of the society to collect "pearls" which are precious and valuable. Analysis of the present scenario and setting new goals for the future development of the nation is warranted. It is a process of nation-building.

## 2. Democracy is empowering the last, least and the lost

Leaders are not born, they are made! When literacy is given to all, ordinary people are equipped and enabled to take up their respective roles in the society. Teachers in any given community are in a position to give education not only to children, but also to all members of the local community.
3. Democracy is serving the people with available resources to harness justice

As citizens of this great country of India, let us dedicate ourselves to uphold the constitutional values enshrined in our Constitution such as justice, liberty, fraternity, and equality. Our education system or the machinery to impart wisdom and democratic values to the people in any given time in history is pivotal. Teachers are made to be "Influencers" of the society and "engineers" for building an interactive space with a vision. As "guardian angels" of today, they are the prophetic voices for all our tomorrows to bring freedom and prosperity.

I congratulate the Principal, Faculty and students of this pioneer Teachers Training institute for all your efforts and commitment in developing men and women with commitment for change. The nation of India is looking for strong and intelligent people in leadership to charter the coming generations in the path of unity, justice, and freedom.

Blessings and prayers to all engaged in the publication of this Souvenir and all the wellwishers of the Titus II Teachers College.

Sincerely,

Dr. Abraham Mar Paulos Episcopa

## From the

 Principal's Desk...I am extremely happy to see the Magazine committee draw our attention to the core value of Democracy that held Indians together over the past seven plus decades since Independence in 1947, and the pressing need to embrace its essence through Education. Democracy is a term that portrays not just a political system but a way of life. It offers space where the other is accommodated, diversities are recognized, multiplicity of ideas are welcomed and teaching becomes a collaborative exercise.

The relevance of the theme looms large in the context of the present day intolerances, lack of humility and humanity, suppression of the weak, and lack of mutual understanding and brotherhood. A situation which in the hands of a democratic teacher can infuse accountability, ownership and responsibility for one's own behavior and work ethics. "Education without freedom of thought, acceptance of individuality and recognition of variance leads to illiteracy. We need to help people understand the difference of just being knowledgeable and being educated. The value systems should be demonstrated and morals and civic sense inherited and practised.

The challenges in the present day are intense but just as we transformed from Gurus in "Gurukuls" to Guru"cool" and upscale Dronacharyas to "Drone" Acharya, we need to mould our methods to meet the challenges and deliver democratic turnovers in the field of education. We need more passion in our approach to the teachings that we impart. We need to move out from our comfort zones of subject oriented(our areas of specialization) to subject(student) oriented homogenous classrooms.

Here is a call to expand our perspectives.
I congratulate the Staff Editor Dr. Betsy Joseph E, the Student Editor, Mr. Rajeev M. Raju and the committee who chose to work around democratic ideals and rekindle love for what remains unchanged if we work towards it with persistence.

Dear Readers, The Magazine will definitely spark your thoughts to think of different ways our classrooms and life can serve as homegrounds and be the base for incorporating life and democratic values that India so boldly fought to retain and understand the need to redefine our priorities in the present era.

Thank you

Dr. Anita Mathai


'One of the deepest impulses in man is the impulse to record, to scratch a drawing on a tusk or keep a diary... The enduring value of the past is, one might say, the very basis of civilization." -John Jay Chapman

Titus II Teachers College is proud to present its Annual College Magazine named Thaali, thereby adding one more chapter to the record of her history of excellence in social engineering and process of man making. This college is proud to have gifted society with National and State award winning teachers and prominent decision makers.

This year the editorial board chose to bring out the magazine based on the theme of Democracy. We take the liberty and authority and feel the need to do so mainly because of three reasons. Firstly, we belong to a multicultural, multiethnic, multi-religious and multilanguage speaking country known to be the mother of Democracies. Secondly, we belong to an institution whose founder, Juhanon Mar Thoma Metropolitan was the only Christian leader to write to the then Prime Minister of India, urging for the restoration of Democracy during the period of Emergency declared in 1975. Thirdly, the teachers of this country are expected to be appreciative of the pillars of Democracy and also be vigilant in safeguarding its principles.

We owe the credit of the name of this magazine to Shri Shashi Tharoor M.P., who commented in an India Today Conclave South that "India is not a melting pot but a Thaali. It is a collection of different dishes on the same platter. Each dish tastes different... they combine together to give you a satisfying meal". The shape of the Thaali is also of paramount importance in Democracy. If hierarchy is represented using a circle, you can see that the highest point merges
with the lowest point...we are all equal! Antyodayathe welfare of the poorest is the mission of both a nation and Education.

The term 'Democracy' will arouse a multitude of perceptions in each person- 'by, for and of the people' being the most common cue. For some it is only related to politics and religion. Thaali also discusses the relevance of Democracy in other arenas like education, family, environment, culture, literature and art.

In today's world, does Democracy manifest what it actually envisages?Learning about Democracy is easy, however practising it is difficult. What is the task that lies ahead for each one of us to uphold it?

Thaali grows through the pictorial representation of the journey of a group of learners from their Gurukulam into the world. They pass through a series of lessons about Indian Democracy. Midway, a loss occurs... they are perplexed.... they travel back to find the lost....... What do they find? The reader can decide.

The difference between the front and back cover pages too, pose a conundrum to ponder over: "What else is to be added anew to make Democracy enriched? What is my role?" Thaali would like to instigate a personal intellectual deliberation in each person.

It is with immense joy that we present THAALI, an assortment of literary offshoots in different languages and evidence of the plethora of learning experiences that was offered in the institution. We invite you to savour the dishes, prepared by the budding content creators of our college and relish the journey that moulded them. May Democracy continue to reign!

Jai Jantantra, Jai Hind!

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जब मगजीन केलिए कुछ लिखना था तो मैं क्या लिखूं किस पर आधारित होना चाहिए मेरी रचना इन सारे विषयों को लेकर मैं डूबी हुई थी। जो भी लिखना है वह मेरी अनुभव से आधारित होना चाहिए यही मेंने अपने आप लिया हुआ वचन था। यह एक कहानी है, मैंने अनुभव किया,देखा गया एक सच्छी घटना, जो मेरे मन को छूकर बाहर निकल थी है, शायद ये पढ़ने वालों को भी।

जब मैं बारह (12) साल की थी, अपनी पापा मम्मी के साथ पास वाली टाउन में जा रही थी। मैं बहुत खुश थी, मां की पल्लू को पकड़कर चल रही थी। धर केलिए सामान और मेरे लिए टॉफियां पापा खरीद ली। रास्ते में बहुत दुकानें थी, अच्छी अच्छी गुड़ियां, अलग अलग रंग भरी कपड़ें, खिलोने के दुकानें, और ऊपर से खाने की अलग खुशबू...। इन सब को देख कर अपनी नन्ही सी कदम आगे बढाकर चल रही थी।तब अचानक एक महिला पर मेरा नजर हटक गया। उसके हाथ में एक बच्चा था। उस्की साड़ी फटी हुई थी। सावला रंग, साड़ी गंदगी से भरा हुआ था, उसकी लंबाई छे भूढ़ होगी, हाथ में चूड़ियां खनक रही थी, बाल बिखरा हुआ था, उसकी हाथ में एक बच्ची थी जो भी भटा हुआ कपड़ा पहना था। बच्ची का रंग गेहूं की तरह, बाल सोने की रंग भरी, हाथ और पैर सूना था, जोर से रो रही थी। तब अचानक महिला सब्जी वाला दुकान से एक टमाटर चुरा कर भाग गया। वो सोचा होगा की कोई न देखा हो, पर मैंने तो पहले ही देख लिया था। उसके बाद मैंने उसे फिर से देखा, जो चुराए हुए टमाटर बच्चे को खिला रही थी। वो दृश्य अभी भी मेरे मन को छू लेती है। वो कहा से है कौन है, उसका नाम तक पता नही। सब लोग छुप थे मैं भी छुप थी, उस बारह साल की लड़की भला अकेले क्या कर सकती थी ? अपनी भूख को नजरंदाज कर के अपनी बच्ची के भूख मिटाने वाली एक मां को मैंने देखी। गरीब हमेशा गरीब होते है। गरीबी को मिटाने केलिए क्या कर सकती है.... सोचा है आप कभी? नही न!

उसके बाद मैं कई ऐसे लोगों को देखा, कभी उस पार कभी इस पार। हम आंखे खुल कर देखेंगे तो नजर आती है अनेक भिकारियों को (भिकारी समाज दिया हुआ नाम है, मेरा नही)। हम इस भारत का निवासी है, हमारे इस भारतीय समाज में ऐसा भी अनेक लोग है, जिन्हे भी समझना चाहिए, उन केलिए भी कुछ करें।


Blessy Maria K. Sunny
SOCIAL SCIENCE

TITUS II TEACHERS COLLEGE | TIRUVALLA

Daffodils - a flower immortalised by the famous nature poet of the eighteenth century Willam Words Worth in his poem "The Daffodils" invites learness to travesse to a democratic path in this life, there by unfurling a weath of values.

Democracy as we all know, is hemmed into the very texture of our national ethos. But oftentimes, the essence of this great ideology and way of life gets sidelined by parochial thinking, egoistic attitudes, and self centred life styles. This demeaning approach eats away justice and leaves countries without peace and at war.

Democratic governance and student autonomy seem to be the two basic principles of democratic education. It is a governance where teachers respect student diversity and promote student involvement in the decision making process and an autonomy that provides students the space to soar as they are fit to do so and also leave their signature in the sands of time.

The idea behind the New Education Policy 2020 is to develop democratic citizens in classrooms from the lower grades onwards. Learning how to go about the same in a classroom setting is all that teachers need to grasp or develop or aim for.

The poem under consideration is one such piece of literature that has its own educative power if pondered upon through that lens.

## Nuggets of Democratic Education in the poem "The Daffodils"

The Daffodils, a poem by William Wordsworth is packed with original ideas, festive emotions and patent specifics. It is up to the readers to identify what they are and apply them in their lives. Here, I wish to see the poem through the eyes of a teacher aiming at enhancing democratic behavior in her students. Before I delve into the poem to glean elements of equality and social justice, the lines of the poem are presented for focused reading:
"I wandered lonely as a cloud
That floats on high o'er vales and hills,
When all at once I saw a crowd,
A host, of golden daffodils;
Beside the lake, beneath the trees,
Fluttering and dancing in the breeze. Continuous as the stars that shine And twinkle on the milky way, They stretched in never-ending line Along the margin of a bay: Ten thousand saw I at a glance, Tossing their heads in sprightly dance. The waves beside them danced; But they out-did the sparkling waves in glee: A poet could not but be gay, In such a jocund company:


Dr. Anita Mathai

טำ


I gazed—and gazed—but little thought

What wealth the show to me had brought:

For oft, when on my couch I lie
In vacant or in pensive mood,
They flash upon that inward eye
Which is the bliss of solitude;
And then my heart with pleasure fills,
And dances with the daffodils."
Understanding the New Norm through the poem:

The poems delineates two ways of life gaining prominence in the new normal after the pandemic situation:

1) Undemocratic or egoistic way of life
2) A democratic or supportive expedition of life

## Undemocratic lifestyle

An undemocratic approach to life is evident through the journey of the cloud in the poem. The poet compares his achievements to that of a cloud. Though soaring high above the others, the poet is unsatisfied, lonesome and unhappy. A life without one's own neighbor can be as treacherous and arduous as that experienced by the lone cloud. Sorrow, loneliness, emptiness and restlessness are the grim consequences of experiences created without the involvement of the other in society. A democratic outlook does recognize potentialities innate in learners, but it never encourages a journey into the unknown without a support system which helps especially in situations of crisis.

The opening lines of the poem speak about the experiences of the poet as a 'cloud'-lessons that the poet learns through direct experience
and also through observation. The direct experience of flying high is expressed in the introductory lines. Like the cloud, the poet has achieved greater heights in his mission which is being undertaken unaccompanied. The movement of the cloud is certainly to be praised, but the feeling the cloud shares has to be attended to. The fact that the cloud is free to move around over the hills and the valleys without restrictions, should have made it feel good and satisfied. But that is not the truth. In reality, the cloud is lonely.

Educationists, parents and learners have to be cognizant of the fact that the so-called laurels accumulated by one's own skill or ability can never guarantee a life of satisfaction and contentment. Loneliness, emptiness, depressions are realties that can destroy a person. To achieve bliss in one's mind the way must be travelled along with a group. This fact must become ingrained in the minds of the learners.

The cloud in the poem becomes aware of this truth and the subsequent lines of the poem specify the reasons for the same. Now, the cloud invites its readers to learn through observation and traverse the way of fulfilled desires with everlasting tranquility in our lives. Remember, it is not that the cloud never got a chance earlier to look around and enjoy, but it was too preoccupied in reaching heights all by itself. A reflection of its past experiences gave it eyes to observe the phenomenon of life around it and share what truly matters in lifethe democratic corridors.

## Democratic pathways

A trip through corridors may appear a bit noisy, uncomfortable, demanding loads of tolerance and goodwill but ultimately it is the only way suggested by the lone cloud in the poem to attain peace of mind. A crowd or a host of something in nature
draws the attention of the sad cloud. In the next few lines of the poem, the poet introduces the immortalized yellowcoloured flowers-the DAFFODILS.

The bunch of daffodils fluttering and dancing in the breeze brings a refreshing sense of belongingness to the cloud. The facts about the daffodils which surprise both the poet and the cloud are:

- The all-inclusiveness of these flowers.
- The synergy in their interconnections.
- The wide-ranging magnitude of their existence.


## 1. Inclusiveness:

The flowers are not seen in well-tended grounds, because these are wild flowers. The fact that there is dirt all along, weeds alongside, and other plants and shrubs nearby never seems to change the focus of these flowers. The movement of the flowers stands in sharp contrast with that of the movement of the cloud. But the flowers are not unhappy. Their joy outlives the joy of the winds or the waves which move in the direction they want. What do these flowers reveal to the cloud?

Acceptance of the fact that only an upward movement is expected of them and the other plants around them. They also make known the joy of companionship of other daffodil plants, weeds, shrubs, trees and the like that grow alongside. A strong realization that their safest position is to remain rooted to the ground than to find themselves on table tops, or garlands or bouquets brings unending peace in their beings. These transient flowers show the cloud the need to respect the space provided to each flora around it and then learn to bloom at the appropriate season.

These easy and reliable spring-flowering bulbs are not fussy about soil, will grow in sun or part shade and are not bothered by deer, rabbits and other irritating species. They multiply quickly and return to bloom again each spring, year after year. They invite the cloud to appreciate inclusiveness in life without any grumble. Wherever they bloomed, whether under a tree or under the open sun, they did so joyfully in groups. They tossed and danced in the wind!

## 2. Interconnectedness:

The cloud also observes the waves and compares their movement with the movement of the daffodils. For waves to be created strong wind is essential but when it comes to comparing the dance of the daffodils, the strong wind gets termed as a 'breeze'. Why do you think this is so?

The daffodil bulbs occupy the ground with roots of other plants too moving across it and binding it to the source of control. The flowers receive the essential nutrients along with the other occupants of the soil and are contented. That may be why the cloud is surprised to see the host of daffodils happier than the waves. The problems or the strong winds around the flowers are handled jointly to become projects and that attitude makes their movements smoother, gentle
and appealing to the eyes of the beholder. Nowhere do we find the flowers complaining or even competing with the waters that produces its own waves under strong winds. Their greatest strength was their hope in this togetherness. None stood out from the others in the group. All swayed in the breeze, without grumbling.

Interconnectedness, and resilience with a strong sense of what truly matters is the only way to open our lives for becoming blessed and appearing so to the onlookers. The cloud was amazed at this interconnectedness of the flowers. The vibrancy and life generated through co-existence was greater among the daffodils than the trail of stars twinkling along the sky seen by the lone cloud-the poet.

## 3. Magnitude of the daffodils' comportment

In the final stanza, the poet emphatically compares both circumstances of solitude and joy and tells that it is never the solitude of a cloud that can set us at peace, it is the joy from the group of daffodils that enlightens the minds.

The way the flowers carry themselves within the brief span of time exemplifies the benefit of democratic living. The closeness, the oneness, and the strength of the 'other' in one's own life would always serve as the solution to overcome moments of desperation, and emptiness. The sameness of things does not stop the daffodils from doing what it is called for or capable of doing. It understands that disengagement is not the solution for a peaceful living. Whether a small plant or a big one, whether yellow, white, or of a different colour, each daffodil plant has the space to grow upward and join in enjoying the resources around. Only then will the world recognize our uniqueness. We become exceptional and inimitable not when we are alone but when we are with the others on the paths of wellness and mutual respectfulness. The daffodils challenge us to practice peaceful co-existence, the only memory that will always bring us happiness and comfort.

## Conclusion

As a thinker rightly pointed out, S...CCESS is impossible without "U", without each one of us embracing the values of democratic living. Find joy in this togetherness. Give opportunities for such experiences. If an object of the flora could catch the attention of the cloud and live in its memory even today, the impact of a democratic institution, a democratic teacher, and a democratic education can go a long way in clearing the insignificant from the minds of the learners in order to appreciate, value and follow the daffodil's path in life.

We all, in unison, should be able to say;
"For oft, when on my couch I lie
In vacant or in pensive mood........"


Democracy is the truth we seek, It is the answer that we all want to speak. It is a system where voices unite,
To fight for truth, which is the light.
Democracy grants one, freedom of expression But is everyone really free? To make a confession? While it ought to be a light that shines bright, Does it really keep our hopes alive throughout the night? It is better to face the reality head-on
Than to keeep it polished and forlorn. What prevails is injustice- a wound that never heals A mark that cannot be erased. But it is never too late, To stand up against the calculated fate.

Let us rise together in unity to say
That injustice will not have the final say.
For in the end what we really need Is a life that is truly freed.

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๑ளி กே๐றั ஜேวพைค̆
${ }^{\text {st }}$ Year Natural Science


























Assistant Professor












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 கழியறை.








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Like fresh spring time air, People reign free and fair. They bloom like flowers in May
Uniting in a beautiful display.
Democracy is plain to see,
It is the way to be free.
No privilege, no wage,
It is the end of all greed.
Like the Zephyr bringing new life,
It brings hope and change.
A foundation we all know -
Forever strong and steadfast.
Every voice is in sight here.
Each blossom giving the sweetest breath.
It is the place where we can plainly see,
The power of working together and living free.


Adithya Rajesh
${ }^{\text {st }}$ Year English



## It shall be the duty of every citizen of India -


7. To protect and improve the natural environment including forests, lakes, rivers, wildlife and to have compassion for living creatures;
8. To develop the scientific temper, humanism, and the spirit of inquiry and reform;
11. Who is a parent or opportunities for education to his child, or as the case may be, ward between the age of six to fourteen years

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Shebin Sara Thomas (Mathematics)


Arathy George
(Commerce)


Nisha Lilly Alexander
(English)


Suby Susan Abey (Mathematics)


Betsy Achu John (Commerce)


Krishna Pradeep
(English)


Sooraj C K
(Natural Science)


Jeena Ann Simon (Commerce)


Amrutha C Bose
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NET


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#  <br> भारत सरकार का उपक्रम 










SETTING REALISTIC EXPENDITURE LIMITS FOR POLITICAL PARTIES AND CANDIDATES, ENSURING TRANSPARENT FUNDING SOURCES, AND INTRODUCING MECHANISMS FOR MONITORING AND REGULATING CAMPAIGN FINANCES.

## Introduction

Free and fair elections is the bedrock of any democracy, including India. However, the Indian electoral system faces several challenges that hinder its effectiveness and the overall health of democracy. Electoral reforms play a crucial role in strengthening democracy by addressing these challenges and ensuring a level playing field for all political actors. This article delves into the significance of electoral reforms in India and explores key reforms that can enhance the democratic process.

Voter Registration and Inclusivity: One of the primary objectives of electoral reforms is to ensure a comprehensive and inclusive voter registration process. This entails simplifying voter registration procedures, implementing technology-driven solutions for voter enrollment, and increasing awareness campaigns to encourage voter participation, particularly among marginalized sections of society.

Campaign Finance Reforms: Electoral campaigns often suffer from excessive spending and the influence of money power. To address this issue, stringent campaign finance reforms are needed. These reforms could include setting realistic expenditure limits for political parties and candidates, ensuring transparent funding sources, and introducing mechanisms for monitoring and regulating campaign finances.

Transparency in Political Funding: Promoting transparency in political funding is vital to curbing corruption and ensuring equity. Electoral reforms can focus

## ELECTORAL REFORMS for Enhancing DEMOCRACY IN INDIA


on mandating disclosure of the sources and amounts of political contributions, strengthening the role of the Election Commission in monitoring party finances, and encouraging public financing of political campaigns to reduce the influence of vested interests.

Electoral Bonds and Donations: The system of electoral bonds and anonymous political donations has raised concerns about the opacity and potential for money laundering. Reforms can be directed towards enhancing transparency by reconsidering the use of electoral bonds and implementing robust mechanisms to trace the sources of political donations.

Candidate Selection and Criminalization:
Electoral reforms should address the issue of criminalization in politics by disqualifying candidates facing serious criminal charges. Parties need to adopt stringent internal mechanisms to ensure that only candidates with clean records are fielded for elections, thereby improving the overall quality of political representation.

Electoral Dispute Resolution: Strengthening the mechanism for resolving electoral disputes in a timely and impartial manner is essential. Reforms could include establishing dedicated electoral tribunals, streamlining the legal process, and ensuring swift and effective adjudication of electoral disputes.

Use of Technology: Leveraging technology can streamline electoral processes and enhance transparency. Introducing electronic voting machines (EVMs) with robust security measures, exploring possibilities for remote voting, and integrating technology for voter registration and result dissemination can significantly improve the efficiency and credibility of the electoral system.

Voter Education and Awareness: Electoral reforms must be complemented by voter education initiatives to empower citizens with knowledge about their rights, the importance of their vote, and the electoral process. Promoting civic education in schools and colleges and conducting comprehensive voter awareness campaigns can foster a more informed and engaged electorate.

## Conclusion

Electoral reforms are instrumental in fortifying democracy in India. By addressing issues such as voter registration, campaign finance, transparency, criminalization, and dispute resolution, these reforms can revitalize the electoral system and ensure a fair and inclusive democratic process. The collective efforts of lawmakers, civil society, organizations, and citizens is vital for advocating and implementing these reforms. With a robust and dynamic electoral framework, India can strengthen its democracy and build a more participatory and accountable political system.






Navya Ann Viju
${ }^{\text {st }}$ Year Mathematics

## 

## ロミMロー？ATIC parenting

Have you experienced this series of happenings．．？？
1．You have been talking about something in particular to someone or aloud to yourself．
2．Your mobile phone has been near you
3．On the next use of your phone you are flooded with information，suggestions and advertisements related to the topics you have been talking about！
As a typical Indian mother，I once scolded my child，only to be lovingly cajoled by my search engine to understand more about＂democratic parenting＂．

Being a learner of psychology I searched about what psychology had to tell me about this topic．I



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${ }^{\text {st }}$ Year Social Science

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Have you ever given a thought to freedom?
Or you conceive it's just a word?
Or do you believe there is a story
About the people you have never heard
Perhaps you will find them in your history lesson
How non-cooperation movement set the day
And why Dandi March is said to be a pivotal movement And the quit India movement drove the British away.
But it all began with the revolt of 1857
The major uprising against the British rule Or we can call India's first war of independence The Sepoy Mutiny which we learnt in school But let us not forget the bravery of the women Who fought heroically for the sake of our land? And inspired millions to attain our freedom But died fighting with a sword in their hand Now you must know these are not just stories But are untold battles of blood-shed and tears So let us come together and remember their sacrifices The freedom they dreamt for the future remaining years.


Sheney Muraly In ${ }^{\text {nd }}$ Year Natural Science


Leonardo Da Vinci was self-educated. Simplicity is always easy to understand, like a clear stream of water. Coherence and intelligibility are embodied in simplicity. Simplicity remains thoroughly unpretentious with inherent modesty, it never attempts to impress others. Simplicity as a quality can apply to thought, appearance and lifestyle. Great men are always simple. Mahatma Gandhi, Mother Teresa, and Buddha represent quintessential personas of simplicity. They dressed in a simple manner, spoke simple words, and lived a simple life. They reached many lives and devoted their services to others. Simplicity makes something easy to grasp or do.
Sophistication on the other hand shows civilized

nature, elegance and refined outlook towards life and things. Simple life always gives peace to mind. Nature encourages simplicity. " The beauty of style and harmony and grace and good rhythm depends on simplicity" Plato. Simple life gives less worries about capital (money) and materials. Most celebrated thinkers and writers present thoughts simply yet elegantly. They are easy to reach and inspire minds. For instance Bapuji, and Kalam sir wore simple clothes to avoid distraction and spent more time on important things in life. Their life and lessons are the height of sophistication.
Simplicity

- Fosters sanity of self-discovery.
- Cuts off the need to complain.
- Responds to global shortages of vital resources of food, water etc.
- Fosters harmonious relationship.
- Lighter lifestyle/minimalistic living .
- Connects easily to the world, creating a sense of belonging \& common purpose.
Regressive simplicity is frequently viewed as seeking a romantic to the bygone era. Many people start to follow this route now a days.
"Simplicity, Minimalism and less is more" Philosophies are not mere
philosophies,They are a way of life, A life that is carefully thought and lead. "I have just three things to teach, Simplicity, Patience, compassion, these are your greatest treasures-Lao Tzu. Albert Einstein defined it placing emphasis on his possessions. We can try to apply the same in our food habits, dressing styles, and thoughts too.
I believe that a simple life is best for both the body and mind. To achieve that, you need willingness. Willingness is meaningless without doing. Ultimately simplicity takes us to a level which Leonardo da Vinci states firmly that as, a well spent day brings happy sleep, so as a life well spent, brings happy death.
Reference: TEDx speech by Paul Josephson

In a land where democracy reigns supreme, Where freedom and justice are cherished dreams, A darkness shrouds the lives of women, Deprived of the power to chart their own visions. For generations, their voices silenced, Their destinies sealed, their bodies confined, Their choices deemed unworthy and secondary In a world that promises equality for all humanity. But true democracy cannot thrive, If the right to choose is denied to any life, If women are stripped of control over their own fate, Their voices hushed, their aspirations left to waste. The right to carve one's own path in life, To make choices for one's own body and mind,

Is a fundamental human right, A cornerstone of democracy's design. We cannot forget the battles yet to be won, For women to have autonomy and determination, In a world that proclaims freedom and equality, We must stand by them and fight for democracy. For democracy is more than a mere ballot, It is a world that reveres and values each spirit, The rights and dignity of every human being, Especially those historically oppressed and limiting. Let us remember the voices that have been silenced, And work towards a world where democracy thrives, Where every woman is free to love, live, and choose, And her autonomy celebrated and cherished for all times. -









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${ }^{\text {st }}$ Year Social Science




जनगणमन-अधिनायक जय हे भारत-भाग्यविधाता । पंजाब सिंघु गुजरात मराठा द्राविड उत्कल वंगा । विध्य हिमाचल यमुना गंगा उच्छल जलधितरंगा। तव शुभ नामे जागे। तव शुभ आशिस मागे । गाहे तव जय गाथा ॥ जनगणमंगलदायक जय हे भारत-भाग्यविधाता। जय हे, जय हे, जय हे, जय जय जय जय हे ॥ अहरह तव आव्हान प्रचारित सुनि तव उदार वाणी। ₹हदु बोद्ध सिख जैन पार्रासक मुसलमान खिस्तानी । पूरब पश्चिम आसे । तव सिहासन कासे । प्रेमहार हंय गाया ।। जनगणऐक्यविधायक जय हे भारत-भाग्यविधाता। जय हे, जय हे, जय हे, जय जय जय जय हे ॥ पतनअम्युदयबंधुर पंथा युग-युग धावित यात्रो, तुम चिर सारथि I तव रथचके मुखरित पथ दिन-रात्री, दारण विल्लव माजे। तव शंखध्वनि बाजे। संकट-दुःखत्राता। जनगण-पय-परिचायक जय हे भारत-भाग्यविधाता । जय हे, जय हे, जय हे, जय जय जय जय हे ॥ घोरतिमिरघननिबिड निशीये पीडित मूछित देशे, जागृत छिल तव अविचल मंगल नत नयने अनिमेषे। दु:स्वप्ने आतंके। रक्षा करिले अंके। स्नेहमयी तुमि माता। जनगण-दुःख-त्रायक जय हे भारत-भाग्यविधाता जय हे, जय हे, जय हे, जय जय जय जय हे ।। रान्न प्रश़र्तिल उदिल रविच्छवि पूर्व-उदरयगिशि-भाले। गाहे विहंगम पुण्य-समीरण नवजोवन-रस ढाले । तव करणारण रागे। निद्रित भारत जागे !

तव चरणे नत माया!
जय हे, जय हे, जय हे; जय जय जय जय हे ! भारत-भाग्यविधाता

B.Ed. Faculty

M.Ed. Faculty


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Julia Susan Jojy
${ }^{\text {st }}$ Year Physical Science

One of my friends who is pursuing her MD in general medicine recently got married. From waiting for the perfect prince matched by her parents to dressing up as a princess was all she could fantasize upon. There is nothing particular about it. This is more or less the same in the lengths and breadths of Kerala and a few other south Indian states. But, it is not the same all over India, especially in the backward villages of North India. The shocking horrors bind its roots among the vicious web of various entangled realities. One among them is child marriage, a practice where girls get married before the age of 18 . Despite a steady decline in this harmful practice over the past decade, child marriage keeps penetrating deep into our society, day in and out. One of the reasons for this is the fear of being kidnapped. If a man finds a girl from a nearby village to be charming and beautiful and thinks that her parents would not let him marry her, a group of men would plot a scheme to kidnap the child. They would cunningly wait behind the woods for the right moment to arrive. Once they find the girl to be alone
in her house or at other places, the group would grab her and lock her up in their own village. She would be married to that very person the next day. The girl's willingness to marry is not even a question to be pondered upon! One of my friends from Odisha connoted his experience as he was travelling to his village from his sister's place. His niece who was studying in 10th standard was travelling with him on the bike. The road was desolate and steep at a place and hence, the bike was moving slowly on its first gear. Suddenly, a group of people attacked them and kidnapped his niece. He was totally helpless. The girl and her husband returned to their village after a month. The girl had no other option than to carry on with her new family life. Obviously, a question would arise in each of our minds. "Why don't you file a case?" The answer is very simple. Once a girl is taken by a man to his village, no other man would accept her as his wife. Moreover, the kidnappers would harm the family and would even keep the girl in their custody to express their revenge. Hence, it is no wonder that the parents of a young girl child would get them married at the earliest for the sake of her own safety.

The NCRB report reveals that at least 50 minor girls were kidnapped or abducted for marriage in the year 2021. Child rights activists believe that most of these marriages go unreported and the actual num-
 ber of violations under The Prohibition of Child Marriage Act would be much higher.





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${ }^{15 t}$ Year Natural Science
















































































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As dictators' history decline, Age old autocracy witnessed its demise, Seeds of democracy are sown,
Yearning to blossom into a blossoming tree, From its fruits shall come
Tomorrow's sustenance.

In tribute to the glorified wars,
. dear martyrs,
I present roses and jasmines upon your grave.
The cries of tyranny shattered,
They await the fall of terror,
Longing for freedom's stride,
Urging for freedom and truth.
Passionate calls for democracy resound,
With every nod to your reverberating echoes, I offer roses and jasmines on your grave.

In this season of Spring,
With utmost respect for the martyrs,
I lay roses and jasmines upon your resting place.

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${ }^{\text {st }}$ Year Natural Science





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वे आते हैं वोट मांगने
करते हैं हर कोना छापा छाप।
वे बिल्ली के तरह छलांग लगा कर आते है
जाते है एक कछुआ की तरह।
एक हाथ से देने की बात, और
दूसरी से लेने की मांग।





Rani Lakshmi Bai | Begum Hazrat Mahal| Kasturba Gandhi | Vijaya Lakshmi Pandit Sarojni Naidu | Aruna Asaf Ali | Madam Bhikaji Cama | Kamla Chattopadhyay Kittur Chennamma | Savitri Bai Phule



























Abhishek S Augustine
II ${ }^{\text {nd }}$ Year English

The term "digital" is often defined against what is natural and organic to human existence. In a concrete sense, digitalization refers to the technological progress of a social system. However, the notion of "digital" is also ideological and a conceptual fallacy utilized as a political tool to secure and ensure the passiveness of citizens. In "Hegel in a wired Brain, philosopher Slavoj Zizek argues that technological advancement will create an unprecedented gap between social classes and will generate a large number of human resource with no utility, for they will be replaced by artificial intelligence. Zizek also notes that the spectacle of digitalisation is merely a distracdion to keep the citizens non-reactive to its political connotations. In this context, one could clearly see that digitalisation is not merely a technological upgradation for a developing nation like Indian with severe internal conflicts, but also a political project.

It is not digitilization of our nation that concerns tech and political analysts but its potential effect on the lives of the citizens. If a company like "Open AI" successfully comes up with the type of Artificial Intelligence that can provide full automation without human monitoring, it will effectively cut down the opportunities for workers. Even the so-called skilled workers will potentially be replaced by Artificial Intelligence as they can provide maximum output with the minimum expenditure. A country like India, whose major dominance is in the abundance of human resource, will face a serious set back in such a situation.

Digitalization and the introduction of Artificial Intelligence without a doubt can improve the quality of education, medical care, general infrastructure etc. However, if not careful, we will live in a world of increased quality of life and no role to play, for everything will already be taken over by automation. Also, there is a very good chance that only a small minority of privileged citizens will be able to experience the perks of digitalization. That is in effect the digital divide will be further expanded to a catastrophic degree.

A software like Chat GPT (GPT-AI) can provide the service of personalised education, but the fact that it's already asking for 20 dollars to receive the peremium upgrade shows that the lack of capital will still be a factor that accounts for the quality of one's life even in the era of artificial intelligence. Robotically assisted medical and legal counsel may only be available to those who can afford it. Therefore, it is evident that the distribution of capital in the society will


be further aggravated by digitalisation.
Giorgio Agamben has observed that human beings are under constant surveillance not merely
by external devices but also by internalised discursive structures that have been ideologically implanted in human minds. For instance, a human being brushing teeth is also an act of being submissive to survillance, as he/she is acting in line with same notion of health care that he/she had picked up from the society. Human beings are defined by this very process of survelliance and there is no escape to it. However, in the present society, we still can experience relative freedom with technological advancement, external elements or survelliance will become much more tight and invasive. For instance, a device in making known as "Neuralink" can directly connett two human brains. Such a device can be a tool for authorities in a country like India filled with internal conflicts, because by taking control of a device like neura-link they can control and manipulate their citizens.
Cultural critic Yuval Noah Harari, in his book Homo Deus, observes that the flash of technological advancement can blind the humans and confuse them to perceive digital slavery to be virtual freedom. However, the potential shortcomings of digitalisation is not an excuse to circumvent it. The only way forward for human beings is to embrace artificial intelligence and aggressive digitalisation, but only with careful regulation upon our human territories.

The most important question to be discussed is the matter of control and authority over technology. In other words, who is going to be in charge of the distribution of technology. If it is under the control of corporates will they work for profit or the enhancement of humanity? If it is completely under the authority of the state, can we trust our governments to take care of us, or will they turn into autocratic systems and prove that Mr. George Orwell was right after all in "1984"? It is in such a context that the importance of Foucault's concept of "govermentality" is to be recognised. In simple terms, it is defining how we need to be governed by our authorities.

In the coming decades, our existing notions about being a "human" won't be enough to properly address our issues as we will be going through aggressive trans-human transformations. A non-unified and culturally divergent country like ours will have to be very careful not to fall into the palms of corporates.

Digitalisation opens up new doors for our nation, but it is our duty to make sure that the doors are opened up with the destruction of the walls. In the coming years the application of technology should be carefully regulated by the government until we come up with a democratic and socialist system for the distribution of technology to ensure equal treatment for all citizens despite the disparity in social and economic statures.

## THE

They love and respect me for my personality,

## HAPPY

And there's room for my divergent opinion Never had I felt aloof or secluded Here they sheild me from exploitation Our classhour is never a single discipline but permeates into many!

## CHILD

Learning is not just the process, it is an experience
Each one of us feels we are being heard and listened to!
Due to the diversity in learning

Boredom is a divorced affair
We are the well knitted fabric of brotherhood and humanity And I am the happy child, Born in a democratic classroom.


[^1]I can take part in affairs concerning me, I am not more or less than any I am not more or less than any
I can express my thought freely







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सुंदर था जो कुछ भी, बराबर होते सभी,
पर संसार में आज असमानता है जीती-जागती।
कुछ लोगों की धनी होने की वजह से,
दूसरों की जिंदगी में आती है तकलीफे।
महंगा खाना, शानदार कपड़े,
दूर तक नहीं होते उनके सपने।
भूख, नंगी, गरीबी बरसाते हैं जहां, असमानता देती हैं दर्द की सजा। मिलती नहीं शिक्षा, सुविधाएं घटती जा रहीं, कमजोर होते जा रहे हमारे संस्कृति और सभ्यता।


Anzalna N N
${ }^{\text {st }}$ Year Mathematics








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${ }^{\text {st }}$ Year Mathematics





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& \text { L-LESBIAN } \\
& \text { G-GAY } \\
& \text { B-BISEXUAL } \\
& \text { T-TRASGENDER } \\
& \text { Q-QUEER OR QUESTIONING }
\end{aligned}
$$

I-INTERSEX
A-ASEXUAL OR ALLY
+-ALL OTHER NON-CISCENDER
AND NON-STRAIGHT IDENTITIES.

TITUS II TEACHERS COLLEGE \| TIRUVALLA






College Day Celebrations


Award Day


Opening Ceremony



# PRINCIPAL'S REPORT: A DEMOCRATIC PERSPECTIVE OF EVENTS DURING 2022-2023 

With democratic principles entrenched in the very texture of the College governance, and with a greater sense of accountability to its stake holders, Titus II Teachers College, Tiruvalla the only aided training college under the Malankara Mar Thoma Syrian Church, and one among the seven aided Teacher Training Colleges under Mahatma Gandhi University, is indebted to God Almighty for enabling the institution to continue to enhance the dignity of its students, for improved decision making, and conflict resolutions, both in life and in classrooms.

The Academic year 2022-2023 is adding to the annals of the College's history, a chapter that reflects the dignity and freedom of its members, respected and honored since the year 1957 when the College came into being through the vision of the then Metropolitan, Rt. Rev. Dr. Juhanon Mar Thoma Metropolitan. It was in memoriam of the Titus II Metropolitan that the College received its name. The Magazine is a reflection of the depth of impact the institution could, during the Report year have on the aided batch of B.Ed. Programme and the self-financing M.Ed. Programme with an intake of one unit each.

As its steward for the past five years and as a witness to the changing trends in the realm of Higher Education globally, may I humbly present the Report and invite our readers to have a quick glance at the humungous efforts put in our team to uphold the motto: 'Lighted to Lighten'.

## 1. RESPONSIVE GOVERNANCE

## * The Governing Council/Body

The Governing Body/Council of the College was decisive in monitoring the activities of the College and facilitating smooth execution of activities. The twelvemember Council and Body headed by one of the bishops of the Malankara Mar Thoma Syrian Church, the Rt.

Rev. Dr. Abraham Mar Paulos Episcopa, comprised educationists, administrators, government officials, university representatives and staff who offered their valuable suggestions as and when required.

In addition to addressing all infrastructure work of the College and Hostel, the Council initiated the processes for:
" Addressing the requirements of the University and Government for appointment of Persons with Disability.

* Appointing a Principal as per UGC Regulations 2018 unlike the procedures adopted by the Minority Institutions in the past years. The matter could be presented before the main Council of the Church for permission and the action.
* The commencement of an NSS Unit in the College which is a reflection of the insight of this Board.
" Intensifying steps to upgrade the College as a Research Centre in Education.
" Initiating necessary steps for receiving the NOC from the Government for continuation of the PostGraduation Programme.
* Closely monitoring the construction work of the New Building under the 2-crore Infrastructure grant received by the College as part of enrollment in the RUSA-2 project of the Central \& State government.
" Doing the Truss work and placing sheets for roofing over one of the buildings of the Women's Hostel.


## * The Internal Quality Assurance Cell (IQAC)

The Internal Quality Assurance Cell served as the vigilant body of the College preparing the institution for apt documentation of events, and novel and enterprising pathways for growth and leadership among learners and staff. The flow of ideas from the IQAC to the Staff Council and to the Student community made

actualization of several programmes a reality．The IQAC was attentive in：
＂The preparation of the Academic Calendar being at par with the Programme \＆Course outcomes．
＊Ensuring Academic flexibility through the systematic functioning of various Subject Associations．
＊Chalking out various modes for receiving constructive feedback from stakeholders．Quality Teaching，learning and Evaluation modes that focussed on competency and skill－enhancement．
＂Paying importance to facilities for improving Teacher Profile and promotion of Research \＆ Outreach activities through publications， participation，resource sharing，research guidance， collaborations and linkages．
＊Giving suggestions and taking steps for improvement of infrastructure facility，maintenance of campus property，student support and placements， and financial management．
The sharing of responsibility from teachers to the prospective leaders was one among the best practices of the institution which makes it distinctive from the rest．

Prof．Dr．Sunila Thomas and Dr．Suramya Mathai served as the IQAC coordinators who jointly gave leadership by garnering assistance from all staff for effective documentation and presentation．

## 2．THE POWER SHARING PROCESS

＊The commencement of the power sharing process after the two month summer vacation was held on June 1， 2022 in the college auditorium．The Sabha Secretary of the Malankara Mar Thoma Church， Rev．C．V．Symon served as the chief guest．
＊The staff was primed for the new challenges through a staff retreat on June 4， 2022 led by Dr．Koshy Mathai，HOD，Department of History，Christian College，Chenganoor．
＊The new batch of students made their debut into the corridors of this institution on 31 August 2022. Their first meeting was addressed by Very Rev．K． M．Mammen，Senior Vicar general of the Malankara Mar Thoma Church and member of the Governing Council．The parents were briefed about the programmes in a session thereafter and the former Principal of SCS，HSS；Mrs．Geetha T．George did the onus of speaking on behalf of her alma mater and orienting parents to the heart of the course
requirements．A four－day orientation from $27^{\text {th }}-30^{\text {th }}$ September 2022 was arranged for smooth transition of focused action．
＂The post graduate batch of 2022－2024 made their start on 17 November 2022 and Very Rev．Dr．D． Philip reminded the young researchers of the wealth of knowledge that lay before them to be shared meaningfully．
－During the report year，the effectiveness of the power sharing drive of the institution was ascertained through assessments initiated by the Government，University，and the Deputy Director of Collegiate Education，Kottayam．We place on Record our indebtedness to Dr．Harikrishnan， Member，Syndicate，who visited the College and made an assessment of the resources and documents of the PG programme，the Accounts officer and the team from DD Kottayam，and the team of Internal and External auditors of the College．

## 3．ACCOMMODATION OF DIVERSIFIED ACTIVITIES

＂College Day celebrations 2022：The College Day celebrations and cultural programmes were held on July 5， 2022 in the College Auditorium．Dr．Pradeep Kumar，Principal，NSS Training College， Changanassery was the chief guest．
＂Sports Meet 2022：The Annual Sports meet was held on March 18， 2023 at the SCS School Ground． The former staff of Physical Education Mr．Titus Thomas inaugurated the event．The Men＇s Champion was Mr．Adersh T．Samuel and the Women＇s Champion was Miss Mishal George．
－House System：The students had the opportunity to showcase their abilities in Arts，Literary，Sports and Games events through the four houses Shanthi， Sobha，Jyothy and Deepthi．The Champion house was Sobha House and the Runner＇s up was Jyothy House．The Kalathilakam was Sreelakhmi Santosh and the Kalaprathibha was Abhishek S．
－Health care opportunity：A free eye care medical camp was held at the College on Tuesday，June 28， 2022 from 10 a．m．onwards for the staff and students of the College．The Medical team from Kallada Eye Hospital，Tiruvalla led the Camp． 83 people availed the facility．
－Reading Delight（Release of the College Annual ＇Grey＇）：The College Annual 2022 titled ‘Grey’ was released on September 1， 2022 in the College Auditorium．Ms．Anu J．Vengal served as the Staff

Editor and Miss Gayathri Pradeep as the Student Editor. Prof. Dr. Achamma Alex, Former Governing Council member of the College and Former Principal of Chenganoor Christian College was the Chief Guest. Dr. Nimmi Maria Oommen was felicitated on that day for having received the Rajiv Gandhi National Vidya Ratnam Award 2022 for the Best Teacher Educator.
" Green Forum: With a vision to ‘Think Globally and Act Locally', students were provided opportunities for green initiatives in the campus. Organic farming and setting up of a Medicinal garden were part of creating the desire for sustainable living along with the curriculum of the B.Ed. Course. A Proposal by Ms. Anu J. Vengal, Assistant Professor of Natural Science was submitted to the Kerala Biodiversity Board to start a Biodiversity Club in the institution so as to create awareness on conservation of indigenous ecosystem.
" Mother Tongue in vogue: Activities to promote Malayalam in campus were organised by the College for a duration of a week beginning from November 1, 2022. Pledge, Terminologies in Malayalam, quiz on the History of Kerala, Portfolio presentation competition, Just-a-minute talk in Malayalam, Music competition, role-playing, and puzzles were the activities that spread over a week.
" Women's Day Celebration in collaboration with Kerala Vanitha Commission was chalked out and executed in an exemplary manner on March 9, 2023. A counselling session was arranged thereafter followed by lunch for all the participants. Former MLA Elezabeth Mammen, Dr. Rani R. Nair, Assistant Professor of Chemistry, BAM College Thuruthicadu, and Mrs. Solly Philip were the speakers.

* Spread of festive mode: Important festivals were celebrated with pomp. Onam Sadhya was arranged for students and staff. Christmas carols and plays made Christmas celebrations great. Rev. Jiji Mathews, Secretary of the Mar Thoma Evangelistic Association was the Chief Guest for Christmas celebrations.
" Student Campaign: Anti-Narcotic Campaign Programmes were organised in the College from 2 October 2022 to 1 November 2022. Oath taking against Substance Abuse, Anti-Narcotic Awareness Rally \& Camp; Flash mobs by B.Ed. and M.Ed.
students, Poster-making on the topic 'Say No to Drugs', slogan writing, Placard Display, talk by Mr. G. Prasanan (Excise Inspector, Tiruvalla), Human Chain against Substance abuse, theme dance and several talks were arranged.
" Art's Fest 2023: The Arts fest was held in a befitting manner with the cultural rally inaugurated by the actor Sri. Prasanth Alexander and the festive mode created by Devadarshan through his violin and flute rendition.


## 4. SKYROCKETING ACHIEVEMENTS

a) Toppers in University examinations:

The results declared during the Report year were as follows:

- M.Ed.2020: Priya Ann Joseph received the fourth position and Jyothish John Kizkhakkethalakkal the tenth position for M.Ed. 2020
" B.Ed. 2021: The Ninth position holder for the Mahatma Gandhi University Examination 2021was Sneha Anitha Jacob.
- B.Ed. 2022: Thirteen of our students came within the 10 positions in the University Examination 2022. The second position was shared by Rani Elezabeth John (Social Science), Gisha Abraham (Commerce) and Feba Mary Sabu (Social Science); the fourth by Sruthi Carolina Thomas (Commerce), Riya Xavier (Commerce), \& Rainu Meera Mathew (Commerce); sixth position by Dona Mathew (English) \& Meriya George (English); eighth position by Angel Susan Varghese (Maths), and Gayathry Pradeep (English) and the ninth position by Feba Susan Bejoy (English), T.J. Nandini (Social Science) \& Chrysto George Mathew (English).
- M.Ed. 2022: Three of our students came within the 10 positions. The third position was bagged by Jennie Ann Thomas, the fourth by Anila, and the seventh position by Jobin George.


## b) Competitive exam winners:

" UGC-NET (EDUCATION) was achieved by three students.

- SET was attained by 14 students
" K-TET was qualified by 47 students
c) M G University Kalolsavam 2022 winners
" Second Prize in Elocution (Hindi)
\&
" 'A' grade in: Light Music Vocal (Female), Poetry Recitation ( English), Western Vocal Solo, Poster

Designing, Elocution (English), Collage, Elocution, (Malayalam), Poetry Writing ( Malayalam), Kavithaparayanam, Essay Writing ( English)
The winners were: T. J. Nandini, Anjitha A, Aelu Elza Kurian, P. J. Milan, Dilna Devasya, Vinduja Vijayan, Arpitha Ann James, Feba Mary Sabu, and Gayathry Pradeep

## d) Leaders' signature:

## " Recipient of Teacher Award:

> Dr. Nimmi Maria Oommen, Associate Professor received the Rajiv Gandhi National Vidya Ratnam Award 2022 for the Best Teacher Educator.

## " Books Published:

> Dr. Nimmi Maria Oommen published a book titled ‘Multifaceted Perspectives of Gender Education: Reaching the Unreached'
> Dr. Suramya Mathai published a book 'Yoga and Peace Education: The Search for Equanimity' and an article titled 'Higher Education in Kerala: An Empirical Study about the quality and Problems in the Higher Education Institutions in Kerala'in the Book 'Academic Research Practices in Higher Education: Multidisciplinary Perspectives’ October 2022, published by the UGC HRDC, University of Kerala
> Ms. Anu J. Vengal published a book titled 'Fundamentals of Environmental Education' and was the Editor of the magazine 'Maithri'.

* Prestigious Positions held: The teachers adorned prestigious positions at the local and state levels during the Report year.
> Prof. Dr. Sunila Thomas was the Chairperson of the Theory Examinations and Chairperson of the Board of Studies in Education of Mahatma Gandhi University. She was a member of the Academic Council of the University.
> Dr. Nimmi Maria Oommen served as Secretary of the Council for Administration and Management (CEAM).
> Mr. Pramod Thomas George served as member of the Board of Studies, MG University.
> Dr. Sam Thomas Joy served as secretary of the All Kerala Training College Teachers Association (AKTCTA). He was also a member of the Governing Body of the Bible Institute of the Malankara Mar Thoma Syrian Church.
> Dr. Suramya Mathai served as Secretary for Society of Innovative Researchers and Academicians (SIRA) and Vice President of United Nations Academic Impact, Kerala Forum (KFUNAI).
$>$ Ms. Anu J. Vengal served as member of the executive committee of the All Kerala Training College Teachers' Associaation.
> The Assistant Professor of Physical Education Mr. Sathish Kumar V. D. served as Video Analyst for Senior Women Inter State Super League for one day, Senior Women T20 Inter-State Knock-out matches, Under 19 Boys Inter State One day League Matches and Coochbehar Trophy League match between Kerala and Nagaland at green Field International Stadium, Trivandrum.
- Research Guides:
> Dr. Sam Thomas Joy served as the Dissertation guide under the IGNOU study programme for researchers at the Post Graduate level.
" Resource persons:
> The teachers served as Resource persons in several National, International, and State level seminars, webinars, conferences of diverse nature and as Question paper setters and Thesis evaluators of different universities.


## 5. COLLEGE UNION OF ‘THE PEOPLE’

The sharing of power by the student community as per University dictates was conducted in the parliamentary mode on 29/11/2022. Dr. Nimmi Maria Oommen served as the Returning Officer. The following students were elected to the posts specified by the Mahatma Gandhi University, Kottayam.

1. Chairman: Leena Varghese
2. Vice-Chairman: Honey Rose Joseph
3. General Secretary: Merin Ann Varughese
4. University Union Councillor: Chris Reji
5. Editor of the College Magazine: Rajeev M. Raju
6. Arts Club Secretary: Dilna Devasya
7. Representative (1 ${ }^{\text {st }}$ year): Adersh T. Samuel
8. Representative (2 ${ }^{\text {nd }}$ year): Bibi Sadasivan
9. Lady Representative ( $1^{\text {st }}$ year): Mishal George
10. Lady Representative (2 ${ }^{\text {nd }}$ year): Gouthamy R. Nair

The College Union 2022 'Yuthi’ was inaugurated by our Governing Body representative from the

University，Dr．Biju Pushpan \＆and the Keynote message was given by our former Principal Dr．K．S． George．

Prof．Dr．Sunila Thomas served as the Union staff advisor and several programmes were initiated fruitfully which have been documented in the Secretary＇s Report of Union activities．I am grateful to the Union Advisor and the Union members for carrying out activities ensuring wholehearted cooperation of all students．

## 6．A GOLDEN FEATHER （NSS IN COLLEGE）

During the Report year the College witnessed the initiation of the NSS unit in the aided mode in College． $20^{\text {th }}$ December marked a turning point when the NSS unit got officially inaugurated by Very Rev．K．M． Mammen and by the Programme Coordinator of NSS from M．G．University Dr．E．N．Shivadasan．Mr．Pramod Thomas George was the Programme coordinator of NSS．

## 7．RUSA－2 Project

Under the RUSA－2 Project of the Centre \＆State Government towards development of infrastructure facilities of Colleges，the College could witness the completion of roof concreting of the second floor of the newly constructed two－storied building，the laying of brick walls in the ground floor up to the lintel level，and the fixing of the door frames during the Report year． The work under the 2 crore Project is being undertaken by the Government Approved Agency，the Habitat Agency of Technology，Poojapura， Thiruvananthapuram．The work was supervised by the Project Monitoring Unit of the College and the Board of Governors．

Thanks to the RUSA coordinator of the College Dr． Sam Thomas Joy，the College Engineer Mr．George Oommen，the Kerala State Housing Board Engineer （Retd．）Mrs．Sosamma Varghese，certified supervisor Mr． Saji Kumar N．the Junior Superintendent Mr．James T． Oommen and the Head Accountant operating the PFMS accounts Mr．Sabumon C．

## 8．HANDHOLDING OF＇THE PEOPLE＇BY THE INSTITUTION

a）Mainstays of the institution

## ＊Teacher Educators

There were 8 permanent teachers for the B．Ed． Programme during the Report year and three guest faculties．

The permanent staff comprised；Dr．Anita Mathai； Associate Prof．of English Department，Prof．Dr．Sunila Thomas of Mathematics Department，Dr．Nimmi Maria Oommen；Associate Professor of General Education，Dr． Betsy Joseph E．，Assistant Professor of General Education，Mr．Pramod Thomas George；Assistant Professor of Commerce Education，Dr．Sam Thomas Joy；Assistant Professor of General Education，Dr． Suramya Mathai；Assistant Prof．of Social Science Education，and Ms．Anu J．Vengal；Assistant Prof．of Natural Science Education．

The Guest faculties comprised Ms．Anila Thomas； Assistant Prof．of Physical Science Education，Mr． Satheesh Kumar V．D．；Assistant Prof．of Physical Education and Mrs．Vyjayanthi P．S．；Assistant Professor of Performing Arts．

Prof．Dr．Sunila Thomas served as the Academic coordinator of B．Ed programme．

There were a total of nine teachers for M．Ed．Prof． Dr．Sam ．V．Daniel served as the Head of the M．Ed． Department．Dr．Mini John，Associate Professor，served as the Academic coordinator of the M．Ed．Programme． Dr．Binu Mariam Jacob，Mrs．Thushara S．，Ms．Mydhili R，Ms Sabitha Baby，Ms．Asha Anie，Ms．Shankar Shyama and Ms．Solly Susan Varghese rendered valuable service as staff of the M．Ed．Department during the Report year．The former HOD Dr．Sam Sanandaraj led sessions on Report writing，Tool preparation and validation for our students during the Report year．

The teachers remained cognizant of the needs of students and served as mentors and guides while preparing learners for the challenges of a Global Market in the realm of Teacher Education．

Besides preparing learners through and beyond syllabus requirements，the teacher educators at the Graduate and Post graduate levels devoted their time and expertise to serve as coordinators，chairpersons of various seminars and workshops conducted for teachers， students，researchers，both through the online and onsite modes at College，at the local and state levels too．

Their flawless dedication，enthusiastic execution of work，unparralelled networking ability and cooperative strides are greatly appreciated．

## Administrative staff

The Administrative wing of the college under the leadership of the Junior Superintendent Mr．James T． Oommen is 11 in number with Mr．Sabumon C．serving as the Head Accountant，Mr．Manoj Mathew \＆Ms．

Smitha M. Raju as the Senior Clerks, Mr. Prince Philip as the LD clerk, Mr. Vinod T. Easow as the Store Keeper, Mr. Anil Thomas as Library Assistant, Mr. George V.C., Mr. Biju Isac, Ms. Leela S. Aleyamma and Mr. Anilkumar C. as office attendants. The housekeeping on several occasions was extended by Mrs. Remany P. M. and Mrs. Nissy.

Conversant with the office matters to the core, the office administration rendered all assistance for the smooth transaction of documents between offices at the governmental and university levels and remained supportive to the minutest needs of the student and staff community.

The administrative staff kept themselves current by attending the conferences organized by the Deputy Director, Kottayam and seminars conducted by sister institutions. Their accountability in financial matters, responsibility in documenting things, and their ease in using technology made reporting quick and accurate.

I place on Record my indebtedness to the supportive staff for their vision, passion and oneness.

## b) Library facility:

* Automated and well-furnished library with a total of 15518 books, 13 peer reviewed Journals and 23 periodicals sustain all the academic endeavours of the College. The library continued to provide N-List facility to staff and students. Thanks to the Library Assistant Mr. Anil Thomas who supports students and also makes it convenient for the college to carry out the communications effectively with the DD office and the University.

This Report year too 'The Best Library Users’ awards were given to students from every Optional subject.

Our indebtedness to the former UGC Librarian Mr. Thomas P.K. Malathettu for his unstinted support and selfless help rendered for all documentation and furtherance of library use.

## c) School Linkages:

* Arrangements were made to facilitate internship in 18 schools following the State syllabus. They were: SCS High School, Tiruvalla; Metropolitan High School, Puthenkavu; St. Joseph's HSS, Changanasserry; M.G.M High School Tiruvalla; St.John's HSS, Eraviperoor, CMS HS Nedungadapalli, St. Behanan's H.S.S Vennikulam; A.M.M.H.S.S, Edayaranmula; St. Mary's High School, Kozhencherry; S.C.S Higher Secondary School, Tiruvalla; St. Thomas Higher Secondary School,

Eruvellipara; Govt. Higher Secondary School, Kidangara; Govt. Higher Secondary School, Kadamanitta; Govt. Higher Secondary School, Ayroor; A. J. John Memorial HSS, Kainady, St. John the Baptist HSS, Nedumkunnam, A. M. M Girls' HS Anaprambal, and M.M.A. H.S.S , Maramon

## d) Massive Open Online Course:

MOOC Course on Organic Farming and Composting were offered to students and all students completed the course successfully with two Projects and a presentation on power point. Ms. Anu J. Vengal served as the MOOC coordinator.

## e) Women's Hostel:

* Availability of accommodation for lady students was provided in the Women's hostel constructed with the aid from UGC. There were 33 inmates on roll. Ms. Nisha John served as the warden during the period. Mrs. Remany P.M. was in charge of housekeeping duties. The services of Enhance Caterers and Kudumbasree Catering Unit were received during the Report year.
f) Award day celebrations \& Endowments/ Scholarship distribution:

The recipients of the 13 position holders in the University Examination of B.Ed., and the 3 position holders in the M.Ed. examinations along with the recipients of various Endowments \& Scholarships were felicitated on March 17, 2023. Dr. Varughese Mathew, Principal, Mar Thoma College, Tiruvalla gave away the prize.

* Prof. M. Issac Endowment prize of Rs. 10001 for Top scorer in Psychology from the College was received by Feba Mary Sabu of Social Science Optional
* Prof. M. Issac Endowment prize of Rs.10001for the Top scorer from among the aided Training Colleges under MG University was shared by the first position holders from St. Joseph’s Training College, Mannanam, St. Joseph’s Training College for Women, Ernakulam, SNM Training College, Moothakunnam, Mount Carmel Training College, Kottayam.
* The Kumaraswamy Diamond Jubilee Medal for the Top scorer in academics was shared by Feba Mary Sabu of Social Science Optional, Gisha Abraham of Commerce Optional and Rani Elezabeth John of Social Science Optional.
* The Prof. P. T. Thomas endowment prize for being the Top scorer of the college was shared by Feba Mary Sabu of Social Science Optional, Gisha Abraham of Commerce Optional and Rani Elezabeth John of Social Science Optional.
* Karimparambil Thomas John Endowment prize for securing highest marks in English optional was shared by Meriya George and Dona Mathew.
" Prof. C. A. George Endowment prize for being Top scorer in Practical \& General Theory papers was given to Feba Mary Sabu.
* The top scorer of Commerce who received the proficiency prize from the College was Gisha Abraham.
* The Mathews T. Samuel Endowment prize for getting highest marks in Mathematics Theory paper was received by Andria Norohna.
* The Rt. Rev. Dr. Zacharias Mar Theophilus Endowment prize for scoring highest marks in Natural science went to Dona Denny.
* The Prof. R. Valsakumar Endowment prize for the Top scorer in Physical Science was Arpitha Ann James \& Devumol S.
* The Rev. T. C. Thomas Endowment prize for being the Top scorers in Social Science was received by Feba Mary Sabu \& Rani Elezabeth John.
" The Best Outgoing Student award instituted by Prof. Santhamma Mathew was bagged by Feba Mary Sabu.
g) Appurtenances:
* Opportunity for leading the Morning Prayer by students of each optional was arranged.
* Staff prayer and staff councils to address student and staff needs were organized.
* Optional associations to activate the creative, critical, and collaborative,ventures and enhance compassion and commitment to the underprivileged in society was functional.
* Participation of students in Inter \& Intra college webinars, seminars, conferences and workshops was ensured.
* Provision to serve as judges in various inter-school level Art's Fests was made open for our students.
* Exhibitions of teaching aids and farming were arranged for school students.
* Accessibility and enrolment in online courses was facilitated by teachers.
* Specific hours for mentoring, remedial coaching, arts education, yoga, physical education, and library were provided.
* Talks by eminent personalities and orientations to use library was done by the former librarian Mr. Thomas T. K. Malathettu.
* Placement cell to make students aware of the job market requirements was made available.
* The Mathematics Mart remained active to provide essential stationery items on demand for students.
* Reprographic facilities at a nominal price were made available for students and staff in the College Office.
* Water filter facility to address the need for clean water was arranged near the office.
* Grievance mechanism to address student-issues was functional during the year.
* A plastic-free approach of caring for the environment was made clear and practiced in campus.
h) Parent Teacher Association
* The Parent Teacher Association was instrumental in providing a fully automated Reprographic machine for the College and also for supporting a guest faculty's salary. The PTA General Body meeting was held on October 17, 2022 and a family counselling session was led by Mrs. Solly Siju Philip. Mr.Thomas Abraham served as the Vice President of the PTA during the Academic year. Mr. Pramod Thomas George served as the Staff secretary of the PTA. The PTA offers its homage on the demise of Mrs. Omana Raghavan, mother of Asha Raghavan and Mrs. Ajitha Unni, mother of Manjima Unni (B.Ed.).
i) Alumni Association
* The Alumni members of the College in small numbers met on several occasions in the college campus to reflect on how their Alma Mater changed their course of life through the liveliness they experienced as learners during their student-life here. Dr. Sam Thomas Joy served as the Secretary of the Association and Mr. Varghese Cherian as its President.

9. HANDHOLDING 'BY THE PEOPLE' (ALUMNI OF THE INSTITUTION)
" An alumnus Prof. J. E. Kunnath (1992-1993) instituted an Endowment in memory of his mother
(an alumna of this College) for the Top Scorer in English Optional. An amount of Rs. 5000 will be given by him for five years starting from 2021 onwards. The first student to receive the Endowment Cash Prize was Sneha Anitha Jacob, the ninth rank position holder of Mahatma Gandhi University and the Top Scorer of the College for the University Exam 2021.

* The New Year message was given by Rev. Ashish Cherian Varghese, the alumnus of the 2014-2015 B.Ed batch.


## Note of Gratitude...

With indebtedness to the Malankara Mar Thoma Sabha under whose umbrella the institution flourishes, with gratefulness to the National Council of Teacher Education that provided the foothold for existence, and gratitude to the Mahatma Gandhi University, Kottayam that has made the Institution relevant, and with recognition of all governmental and non-governmental institutions that facilitated the ongoing journey of the institution which is in its $66^{\text {th }}$ year of existence, I take this opportunity to thank the leadership of the Church; His Grace The Most Rev. Dr. Theodosius Mar Thoma Metropolitan for his generous support, and timely guidance.

I am indebted to the Manager of this College; His Lordship, The Rt. Rev. Dr. Abraham Mar Paulos Episcopa who was the perennial source of strength all throughout my five-year tenure as the Head of this institution.

Thanks to all the distinguished members of the Governing Council and Body and especially to the Treasurer of the College Mr. Libin Mathew.

We are grateful to Mrs. Mary K. John, the Headmistress of our model school SCSHSS, the Principal of SCSHSS, Mr. John K Thomas and the School Manager Mrs. Lallykutty P. who had been instrumental in facilitating the academic initiatives of this institution during the Report year.

The college places on Record all the help rendered by the Sabha Secretary Rev. C.V. Symon and the supportive insitutions of the Sabha in the SCS compound.

I thank all the parents and alumni community for enriching the professional ambience of this institution through their visits and interactions.

Er. George Oommen meticulously supervised all the maintenance work of the College during my tenure as Principal. I express my sincere gratitude to him.

I place on Record my appreciation for the Technical support received from Mr. Sam V. Jacob during my period as Head of the Institution.

Thanks to Mr. Gopakumar and his associates for updating events promptly on the College website www.tituscollege.ac.in.

With contentment and a heart overflowing with thankfulness to my colleagues and respectful regards to all the former staff and Principals of this institution, and thanks to the larger body of 'Torch Bearers' -the students past and present, I close the Academic year 2022-2023's Report of Events.

Thank you

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2nd year representative ：றிறி พைை๐ிவณை






Moral and Religious Association Secretary ：m＠m ๒๕วชิஜั

Social Service League Secretary ：ヘிறைை 』ைறั
Placement Cell Secretary ：வி．ロஜ．هிமா ๑ஜఱัறั Grievance Redressal Secretary ：دயை ஃ毋ం．ஃ円ヘั．



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