



# TITUS II TEACHERS COLLEGE, TIRUVALLA

SCS Campus, Tiruvalla, Kerala - 689101

Management: Mar Thoma Syrian Church

(Kerala Government Aided College - Affiliated to Mahatma Gandhi University)

NAAC RE-ACCREDITED 'A' GRADE

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Ph. 0469 - 2601383 (O), 2741233 (Lib), email: tituscollege@gmail.com website: www.tituscollege.ac.in

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## BEST PRACTICES OF THE INSTITUTION

### 1. SOCIALLY INNOVATIVE LEARNING PROGRAMMES

This is one of the innovative strategies used in core subject classrooms to arouse creativity, critical thinking, and communication skill and to develop their full potentials. This programme is conducted with the support and co-operation of all optional subjects. Here students convert classrooms into work stations where the participation of each and every student is ensured. Different varieties of activities are chalked out with the objective of fulfilling holistic personality development. They learn a lot of life skills through this technique. To enhance general knowledge, quizzing sessions are conducted every day. Each optional subject is assigned a particular day for conducting quiz. Students are asked to familiarise with the news paper of the previous day for which the quiz is conducted. Every day, prizes are also given. This serves as a motivation and re-inforcement for the students to participate actively. To develop literary skills, "Read a book" programme is also arranged periodically. Here books are selected according to their interest in the literary areas.

### 2. FOOD FEST

It is organised annually where students sell homemade cuisines and the income generated thereby is utilised for charity purposes. A portion of it is contributed to the needy students of our institution. As a part of social commitment, students serve as resource persons in their locality, wherein several of their hard skills that they imbibed through the classrooms such as "Tie and Dye, Bag making, Ornament making are utilised for the benefit of the community.

### 3. ONE HOBBY A MONTH

Hobbies are personal interests of an individual for personality development. Titus II Teachers college has always been instrumental in augmenting the academic and personal talents of the students to its fullest level. With this intention, the Natural Science Optional students designed a programme titled 'One Hobby a Month'. Here for the first month, the hobby initiated

was review a book. This programme was organised for the whole student community. Here the students selected the book according to their choice. They read the book for one month and the review is carried out on a particular day. The best reviewer is awarded a prize. For the next month, photography competition based on a theme is carried out. Here students capture photos with their own mobile camera and the images are send for evaluation at a judge's desk with the stipulated norms. The best images are awarded with prize.

#### **4. MATHS MART**

Students of Mathematics optional run a stationery store named Maths Mart. Here learning support materials like charts, pen and pencil, bond papers, A4 size papers of different colours, paper files, sanitary napkins and short eats are also sold. It acts as an oasis in times of emergencies. The income generated from this is used for charity. As the work of charity, with the money collected learning aids are provided to the adopted school.

#### **5. TECH-SUPPORT SYSTEM**

Value based short films, documentaries and videos prepared by students under the supervision of teachers are developed to enrich classroom practices.

#### **6. CO-SCHOLASTIC ACTIVITIES**

Several competitions at the Intra- and Inter level on Arts, Literary, and Sports are held to ensure a wholesome personality in learners. Social commitment is developed through planned visits to destitute homes, serving meals for the needy, collection and disbursebent of clothes and other materials to the community.

#### **7. ENHANCEMENT OF READING SKILL**

Regular quiz programmes on current events to encourage news paper reading among teacher educands are a common feature at College.

#### **8. ORIENTATION/INTERFACE SESSIONS**

Interaction with the Heads of institutions for Teacher preparation prior to School Internship Programme eases all doubts and sets the ground for meaningful interaction with students at school.

#### **9. DISTRIBUTION OF INSTRUCTIONAL AIDS PREPARED BY TRAINEES**

The self-learning Resource Materials prepared by Teacher Trainees are given away to various schools.



*Anita*  
PRINCIPAL  
TITUS II TEACHERS COLLEGE  
TIRUVALLA - 689 101  
KERALA



**TITUS II TEACHERS COLLEGE**

**THIRUVALLA, KERALA, INDIA**

*(NAAC Re-Accredited 'A' Grade)*

***Best Practices prevailing  
in teacher education  
institutions***

**By**  
**LINTA M. JOHN**  
**1<sup>ST</sup> Year M. Ed.**

# **INTRODUCTION**

Titus II Teachers college a reputed college in the State of Kerala lives with a Mission to Impart education to develop wholesome personality among its students with moral, civic, and human-rights consciousness. We Involve and interact with community as agents of transformation and Promote exploration in the realm of Teacher Education in the light of Christian understanding of World and Society.

As part of the best practices prevailing in teacher education institutions the Associations and various committees serve to widen the interest of the members, enrich their social and spiritual experience and to develop leadership, initiative and good citizenship qualities. A best practice is a method or technique that has been generally accepted as superior to any alternatives because it produces results that are superior to those achieved by other means or because it has become a standard way of doing things, e.g., a standard way of complying with legal or ethical requirements.

Let's face it, teaching isn't easy. There are lot of hoops for jumping and curveballs being pitched on a daily basis. Somehow teachers seem to keep it all together and maintain the focus of helping students find success. When it seems like that focus is starting to waiver, beginning or restoring some practices can be just what's needed to keep educators grounded and to make positive impacts on all students.

Some of the best practices followed by we the Titus Family are:

1. Environment Day
2. Martyr's Day
3. Teachers Day
4. AIDS Day
5. Vegetable Garden
6. Anganwadi Cleaning
7. Hospital Cleaning
8. Food Fest
9. Rebuild Kerala
10. KSRTC Cleaning
11. Vajrolsav
12. Dishitha
13. Women's Day

Below are the highlights of few best practices.



As part of the World AIDS Day and under social service league a flash mob and street play related to HIV was arranged in KSRTC bus station by the students and teachers of Titus II Teachers College, Thiruvalla, Kerala on the **1<sup>st</sup> of December 2018** at 10:30 A.M. This was done to create awareness among the public and also to prioritize on social responsibilities that we need to perform as students and teachers towards the society.

World AIDS (Acquired Immunodeficiency Syndrome) Day, designated on 01 December every year since 1988, is an international day dedicated to raising awareness of the AIDS pandemic caused by the spread of HIV (Human Immunodeficiency Virus) infection and mourning those who have died of the disease.

The program started off with a prayer by the college choir and the same was followed with a Presidential Address by Mr. Jijo Cherian. Dr. Mini John delivered the Welcome Speech. After the Welcome Speech, our Principal Madam Dr. Anita Mathai who is the catalyst that stimulates us gave the Principal Message. The Felicitation Message was delivered by Mr. Titus Thomas, Associate Professor and the program was inaugurated by the DYSP of Thiruvalla, Mr. J. Santhosh Kumar. After the inauguration a flash mob and street play related to HIV was arranged under the Jwala Union by the 2018-19 students of Titus II Teachers College, Thiruvalla.

The program concluded with a Vote of Thanks delivered by Ms. Jyothi S Nair.

# **GLIMPSE OF WORLD AIDS DAY** **BY** **TITUS II TEACHERS COLLEGE**



# TITUS FEST



A fest was organized on **2<sup>nd</sup> February 2019**. It was a symbol of togetherness of Titus Family where homely food was brought and sold in different stalls. Kappa and fish curry was the key attraction of the day. Knowledge of the Nutrition value of the food is also imparted. A part of the fund collected was contributed for charity purpose.

Food Fest Program convenors were Mr. Tobin Varghese and Ms. Jisha Josey. The program started off with a prayer by Ms. Solly Susan Varghese and the same was followed with a Presidential Address by Mr. Jijo Cherian. After the Presidential Address the fest was inaugurated by our Principal Madam Dr. Anita Mathai and during the message, she appreciated the initiative of all the students. The Felicitation Message was delivered by Dr. Sunila Thomas, Associate Professor. They allowed people to exchange ideas and highlighted the challenges that indigenous people face, empowering communities with a sense of ownership.

The program concluded with a Vote of Thanks delivered by Dr. Mini John, Assistant Professor, Union Adviser. Food fest contained verity foods. Sales took place with the support of Teachers, Students, Parents and Staffs in Sabha. There were separate optional stoles. "It was a memorable day. We got the opportunity to

enjoy the real culinary culture of Kerala,” said by Ms. Solly Susan Varghese, one of the students of Titus College. The food festival was a huge success at the end of which both the students and guests were happy and satisfied.

## **GLIMPSE OF TITUS FEST** **BY** **TITUS II TEACHERS COLLEGE**



# REBUILD KERALA

As part of rebuild Kerala mission, a digital survey was conducted in Peringara Grama Panchayat to collect the details of damage caused due to the floods. This program was held under social service league and organized on the **26<sup>th</sup> October 2018**.

On 16 August 2018, severe floods affected the south Indian state Kerala, due to unusually high rainfall that happened during the monsoon season. It was the worst flood in Kerala in nearly a century. Over 483 people died, and 140 were missing. Almost a million people were required to evacuate from their houses.

Social Service league secretary was Jyothi S Nair and Staff In charge was Dr. Sam Thomas Joy. An extension program of Rebuild Kerala was held at Peringara panchayat. 100 students participated for the program. Their duty was to collect details from people who were suffering because of Pralayam 2018 as part of the program conducted by Jwala Union. They formed a group of Five students each as government volunteers to collect details of about 60 houses and to upload the app. Based on the details collected and submitted, they received a sanction from the panchayat for the flood relief fund. The group was guided by a representative who knew the place.

Through this program all the students became a member of Rebuild Kerala's Data Collection Wing. And lastly, they collected photos of what damages were done during the Pralayam 2018.

# GLIMPSE OF REBUILD KERALA



## KSRTC CLEANING

Under the leadership of the Union Social Service League, the buses at the KSRTC bus depot in Thiruvalla were cleaned on **20<sup>th</sup> January 2018**. This was arranged under the Vajra Union Program by the 2017 - 18 group of students belonging to the Titus II Teachers College in Thiruvalla to set an example on the social responsibility towards the society by cleaning the KSRTC buses. They cleaned up around 12 buses owned by the Kerala State Road Transport Corporation (KSRTC) at the Thiruvalla bus depot. Around 100 students, took part in the program.

The program started off with a prayer by the college choir and the same was followed with a welcome speech by Mr. Pramod Thomas George, Social service league in charge. After the Welcome Speech, Our Principal Sir, Dr. T. K. Mathew delivered the Principal Message and during the message, he appreciated the initiative of all the students. After Principal's Message the Presidential Address was delivered by Mr. Liju K. Mathew, Chairman, Vajra Union. The Felicitation Message was delivered by Dr. Mini John.

The program concluded with a Vote of Thanks delivered by Ms. Prashathini P. P., Secretary, Social Service League. They divided the students into four groups which is Cleaning group, Cooking group, Finance group and Serving group. They dusted the wind shield and washed the interiors of the vehicles thoroughly. After the cleaning, they got Kappa, and Mulak arachath.

The special clean – up drive was part of the social service programmes planned as part of the diamond jubilee celebrations of the institution. The students said the advice and support given by the teachers and parents motivated them to take up the social service voluntarily.

# GLIMPSE OF KSRTC CLEANING

BY

TITUS II TEACHERS COLLEGE



# **CONCLUSION**

Best practice is the description of the best way of working based on the situation in hand. Such a description can be used by professionals. The term 'good practice' is also in use. Engaging students to be a part of active learning experience with high meaningful expectations and timely specific feedback is considered as good practice. Our college provide to help students navigate through social activities successfully, including academic activities. Students have opportunities to improve their leadership and interpersonal skills while also increasing their self-confidence and maintaining good emotional health. Connecting with others helps and keeps them in a positive mood, which in turn wards off depression and improves physical health. The growth potentials are also visible in the functioning of this college. Education is a human endeavor.

Titus II Teachers College student's involvement and interaction with community leads them to be agents of transformation. All students are encouraged to participate in various activities. The college has balanced objectives which strive for emotional, intellectual moral and social physical and aesthetic development of the students. The college has a fairly strong institution-community networking.

# **REFERENCES**

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